

Sailing, windsurfing and powerboating should be

# SAFE & FUN

The RYA is committed to the safeguarding of children and young people.

You have the right to feel safe and be treated with respect and should show respect to others.



If you're feeling unhappy, worried, unsafe or concerned about the way another young person or an adult is treating you or someone else, there are people you can contact who offer FREE confidential advice to you or your parents/carers, and websites to look at for information and advice:

**childline**

ONLINE, ON THE PHONE, ANYTIME



0800 1111



[childline.org.uk](http://childline.org.uk)

**NSPCC**



0808 800 5000



[nspcc.org.uk](http://nspcc.org.uk)

**Children 1st**  
SCOTLAND'S NATIONAL CHILDREN'S CHARITY



08000 28 22 33



[children1st.org.uk](http://children1st.org.uk)

**RYA**



02380 604226



[safeguarding@rya.org.uk](mailto:safeguarding@rya.org.uk)  
[rya.org.uk/go/safeguarding](http://rya.org.uk/go/safeguarding)

Dealing with bullying: [kidscape.org.uk](http://kidscape.org.uk)

Mental health and wellbeing: [youngminds.org.uk](http://youngminds.org.uk)

Health concerns: [healthtalk.org/young-people-experiences](http://healthtalk.org/young-people-experiences)



**Child Welfare Contact**

Club/Centre/Event:..... **Errwood Sailing Club**

Name:..... **Mike Latham**

e-Mail:..... **[mike.latham@live.com](mailto:mike.latham@live.com)**

Phone:..... **0779 219 0881**